

BWPL 2024-25 Instructions for Penalty Shoot Outs

BWPL has adopted the new World Aquatics points scoring system for the 2024-25 season. When any match is drawn after four periods, the result will be decided by a penalty shoot-out. Points will be allocated as follows:

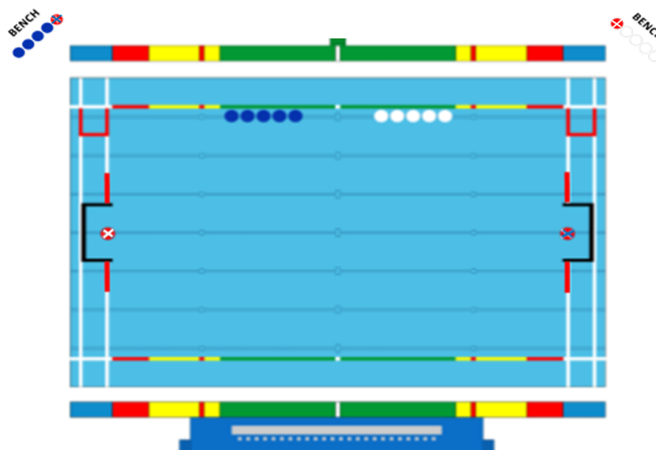
- a) win in regular time = 3 points
- b) win after penalty shootout = 2 points
- c) loss after penalty shootout = 1 point
- d) loss in regular time = 0 points

NOTE: Goals scored or conceded during a penalty shootout will not be counted for the purposes of Rule 101.7 (Tie Breaking), and will not be included in players' goal statistics.

Penalty Shoot Out (PSO) Protocol

Immediately after the end of the 4th period, there is a maximum 3 minutes break during which time the following actions need to be completed:

- a) the players leave the water and sit on their respective team benches, except for five shooters from each team who will remain in the water in their respective team's half of the field of play, and the goalkeepers. Players who have received 3 personal fouls, a red card or exclusion for injury during the game cannot take part in the PSO.
- b) the goalkeepers change ends and position themselves in the goal in the opposite team's half of the field (see diagram).



- c) the referee who last officiated on the side of the team benches will call the team captains and with a coin toss will determine which team will shoot the first penalty. The team who wins the coin toss can decide which team starts the penalty shoot out.

After the 3 minute break (or earlier if everybody is ready) the PSO starts immediately.

When shooting alternatively at each goal only one referee will control each penalty.

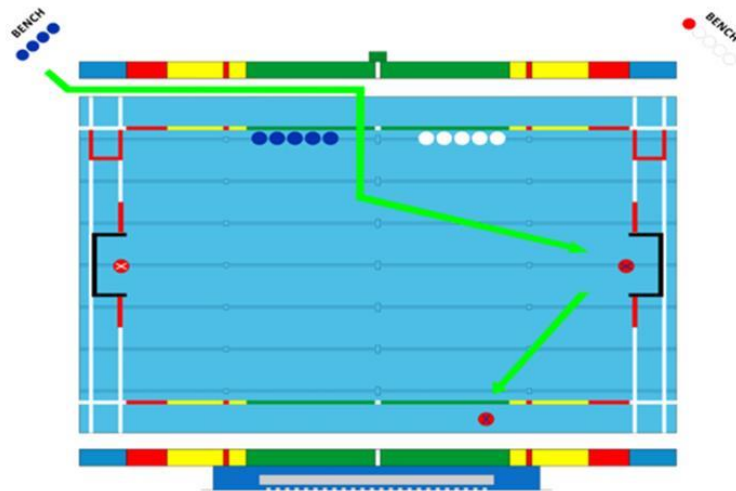
Multiple balls can be used for the PSO. The ball shall not be thrown from one end of the field of play to the other.

No list of penalty takers is required to be noted down prior to the commencement of the PSO. The order of the penalty takers is determined by the order in which they take the first five penalties, and this order is continued into sudden death if that is required to determine the winning team.

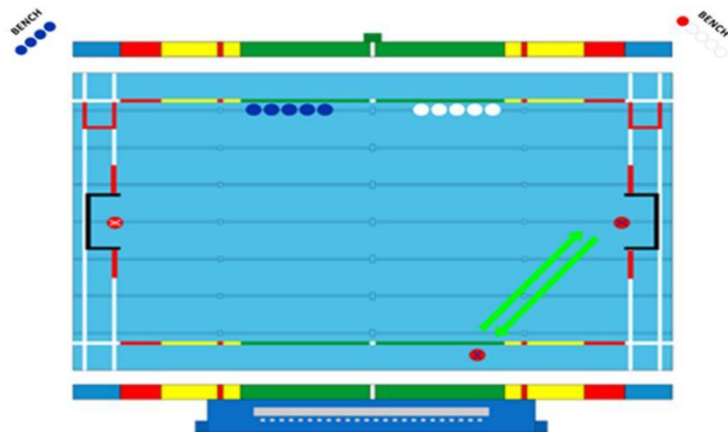
The secretary (and delegate, if present) shall ensure that the five penalty takers are eligible to participate (no 3 personal fouls, red cards or injured players).

Where conditions dictate (eg the sun, shallow / deep water) shots may be taken at the same end.

Substituting the goalkeeper during the PSO is allowed. The substitute goalkeeper walks to the half distance line and then swims to the goal to replace the first goalkeeper. The first goalkeeper swims to the side of the officials table outside of the 6 metre area and outside the field of play (if conditions allow) (see diagram).



The goalkeeper can be substituted again during a PSO as indicated below.



If the goalkeeper is excluded during the PSO, a player from the five players in the water may substitute for the goalkeeper but without the privileges of the goalkeeper. Following the taking of the penalty shot, the player may be substituted by another player or alternate goalkeeper.

If a field player is excluded during the PSO, the player's position is removed from the sequence of the five players participating in the PSO, and a substitute player is placed in the last position of the sequence.

No warming up is allowed during the 3 minute break or during the PSO. All players not involved in the PSO must sit on the bench together with the team officials. During the PSO no players are allowed to hang onto the side line.

See also World Aquatics Water Polo Rules 20.6 Appendix 6 – Penalty Shoot Out.